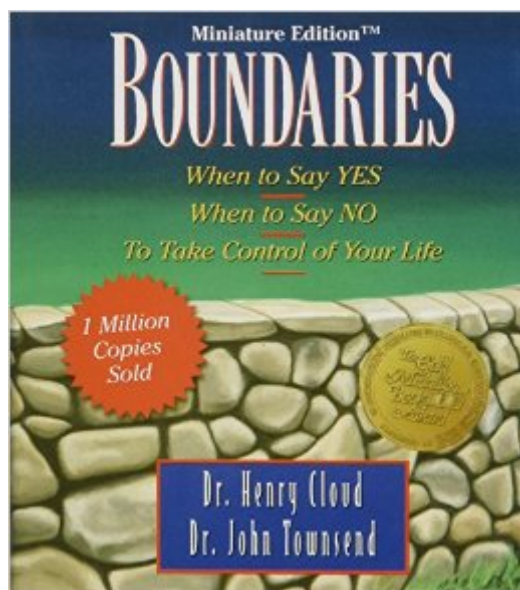


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# Boundaries: When To Say Yes, When To Say No-To Take Control Of Your Life [Miniature Edition] (Inspirio/Zondervan Miniature Editions)



## Synopsis

Note: This ISBN is a miniature Edition. The full-size edition of this inspiring Zondervan title has sold nearly 1 million copies. The Gold Medallion award-winning Christian book, by two psychologists who've written a number of self-help guides, offers a realistic, compassionate plan for setting healthy boundaries with family, friends, and co-workers.

## Book Information

Series: Inspirio/Zondervan Miniature Editions

Hardcover: 160 pages

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Product Dimensions: 0.8 x 2.8 x 3.2 inches

Shipping Weight: 0.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (2,833 customer reviews)

Best Sellers Rank: #7,093 in Books (See Top 100 in Books) #1 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies > Toys & Models > Miniatures](#) #25 in [Books > Christian Books & Bibles > Christian Living > Dating & Relationships](#) #41 in [Books > Religion & Spirituality > Worship & Devotion > Inspirational](#)

## Customer Reviews

In order to call themselves good Christians, many people have drawn overly flexible boundaries (unwilling to say no, always accommodating others' needs) or overly rigid boundaries (to the point of being righteous and judgmental). Psychologists and inspirational speakers Cloud and Townsend show readers how to set reasonable boundaries in order to follow the true path of Christianity. This book has become immensely popular, most likely because it makes personal boundaries easier to define and is filled with spiritual purpose. Some cautions: the format can be overly self-helpish for such a complex discussion and the authors at one point imply that judicious spankings may be an acceptable form of setting boundaries with children. However, many Christians will probably find themselves grateful for this biblical context of boundaries. --Gail Hudson --This text refers to an alternate Hardcover edition.

Dr. Henry Cloud and Dr. John Townsend have great insights and practical wisdom into the

God-given gift of boundaries. As they discuss how to take responsibility for and ownership of our lives, they give hope that we cannot just survive -- but thrive! --Josh McDowell, Author, Author and Speaker --This text refers to an alternate Hardcover edition.

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